

## Kind Remarks

### Regarding Hypnosis

"Katherine's hypnotherapy work is ground breaking. After just one session, I felt a tangible change in my perspective on a serious life crisis." --P.E.

"Because of your knowledge and wisdom, I am where I am in my schooling today! Heartfelt thanks!" --D.L. (test anxiety)

"Katherine, I owe you a deep, sincere thank you. Ever since I first listened to my hypnotic tape I have had all positive thoughts about the wedding. I haven't felt nervous or anxious!" --B.C.

"I thoroughly enjoyed our session today!!!! You are truly a gifted healer! After experiencing the best of healing arts and healers in Asia, I sense when one is truly a healer and not just a practitioner. I am so excited and honored to work with you. I will consider you an Easter Blessing from the Divine Healer, my Lord! Thanks!" --E.D.

"Katherine - I just wanted to think you again for last night. My life is changed. (that sounds so weird to even write, but it's true!) After I left I felt a sense of relief that I don't ever remember having. Maybe once or twice sitting at the beach to watch a sunset when all is right in the world, but certainly not during everyday life. I'm concentrating on keeping every thought I have positive so that I may build a positive future - and I can already feel it working! I always thought of myself as a positive person, but I've realized that it was for others that I was positive, not myself. I have always expected the worst for myself - I guess that way I'd never be disappointed. That is different today. I can envision myself and my life the way I want it, and I will continue to focus on that. Thank you for giving me workable tools to help me live my life to the fullest!" --M.N.

### Regarding EFT

"I was amazed and awed at the beauty and power of this healing. It is a very powerful process for anyone in recovery, leading one to wholeness and transformation." --A.D.

"It seems that all the issues were cleared. I have felt much better about driving! Thank you for very, very much for your help!" --G.S.

"Today in my head I truly can't bring up the fear of driving and it's hard for me to believe it was that easy to cure me after all these years of angst and frustration. If I ever need a tune-up I will come in to see you since you are a master of this technique." --K.T.

"Katherine, the session yesterday was an amazing experience. Thank you so much for being a vehicle for my much needed healing. I am looking forward to working further on my healing with you. My trust issues are completely resolved. Forgiving myself is completely resolved." --R.S.

"... The difference was overwhelming, I can not even fully express this to you although I'm sure you understand. I am SO so happy and relieved and I can not thank you enough. I am going to continue to tap and am confident that the rest of the semester will be so much more pleasant. Again, thank you so so much. I am truly amazed!" --L.C.

Regarding Quantum Biofeedback / EPFX

"I just wanted to share some things about my experience with the Quantum Biofeedback... When I left, I definitely was in another place mentally and came home and relaxed... I thank you for yesterday. I know a major transition has occurred for me." --Blessings, C.D.

"I want to say thank you for being such a caring and gifted angel in facilitating a plan of healing. Katherine, your innate healing gifts,

the EFT, counseling and the Quantum Biofeedback has expedited growth beyond little miracles."

"The Quantum Biofeedback is like a lie detector, you can't hide your feelings from it. It is so accurate in a deep homeopathic way, that only a very skilled homeopath could diagnose. The list of homeopathic remedies suggested were amazing. The Quantum Biofeedback has the ability to read way back into the "conception vibration"...that is wild." --H.L.

"I am Soooooo glad that you expanded you horizon. Thank you so much for yesterday. I felt better right away! &hellip; I woke up this morning noticing how my attitude had changed." --Donna

"The thing I liked best about the Quantum Biofeedback was the fact that it could pinpoint so perfectly the Bach Flower remedies that I needed. That is amazing to me!! I was not surprised at my Hyperactivity levels. I felt so balanced and able to concentrate after the session. I hope that this lasts for a long time&hellip; I&rsquo;ll be back for another session. Thank you!" --Leonard

Regarding Theta Healing&trade;

"Since the session, which was one week ago, I have noticed subtle changes in my thinking and attitude. I feel that I deserve good things and I am more positive in my outlook towards myself and my life." --MWS

"I have noticed a difference and I would love to come in again and clear up the rest of the issues. I still experience the same negative thoughts but I notice them right away and I can reverse them quickly&hellip;they are not as ingrained in my brain as they were&hellip;." -- D.C.

"I am delighted that the Divine Light through you has started to heal me. Other people are noticing the change in me. I feel so blessed to have my anger released from me through you. You are one special healer!" -- LNE

"Update- I just drove to two places! For a few seconds I felt a little nervous, but as soon as I started driving, I was fine. It does feel different. I feel calmer and peaceful. I feel like I have gotten my freedom back!" -- G.U.

"I was really astonished with what we covered our last session and it seemed you made good headway with subconscious beliefs."-- LNE

"Thank you so much for your session. While I didn't feel much when we were doing it, my energy has definitely shifted... The visualizations and affirmations you had me do were very effective. I do feel as if my energy regarding my Ex and how I view my role in the family as a single grandmother has shifted. I want to come back and work on issues around weight." -- B.B.

"I got my 'happy' back. I think the cloud I couldn't shake &hellip;I believe the session helped to clarify, set me back on track and gave me food for further introspection. Thank you for your assistance." -- JH

"Yes I have felt a huge shift. Very much so and almost immediate. I have worked on these issues for years, but this was the most noticeable difference I have felt so far. I would love to come back and work on the rest of the traumas and health issues." -- D C